

Most wanted

MUST HAVE



OKAY, so they're not designed to be worn under jeans. Made from pure silk, and with black ribbon ties to reveal the right kind of bottom cleavage, these gorgeous Damaris knickers (£115, at www.glamorousamorous.com) are strictly for playtime.

BARGAIN OF THE WEEK



ONLINE boutique Coco Ribbon (www.cocoribbon.com) sells everything from frilly knickers to candles, soaps and jewellery. Between now and next Sunday, Spectrum readers will receive a £20 gift voucher with any purchase when they spend over £50 – just enter the promo code 'scotccpounds' in the comments box when ordering. Thanks to a next-day delivery service (£795), there's still time to order for Valentine's day.
bargain_spectrum@scotlandonsunday.com

22



DREAM ON

DIAMONDS are forever – and so is your DNA, thanks to Anniversary Diamonds (www.anniversarydiamonds.co.uk), which produces the gems in a laboratory from carbon extracted from your hair. Prices range from £525 to £10,000.

“I'm bored with the hanky-panky. I'm still active, but it's different – I like to play dominoes with my girlfriends”

Hugh Hefner

February 11, 2007

Hot stuff

Spice up play in the boudoir with some saucy products

COMPILED BY CLAIRE HAY
 PHOTOGRAPH PHIL WILKINSON



Hot stuff (clockwise, from top centre) Lychee and lapsang massage candle, £34, Jimmyjane (www.jimmyjane.com) **Rub down** Massage oil with hot peppers for men, £19, Nickel (020 7240 4048); **Titillation** Nipple dust, £5, Ann Summers (0845 456 2320, www.annsummers.com); **Gloss and go** Playboy Beauty lip gloss key chain, £19.95, Superdrug nationwide; **Ultimate pleasure** Flower balm, £7.99, LoveHoney (www.lovehoney.co.uk); **Eat me up** Chai spice edible massage oil, £15, Coco de Mer (www.coco-de-mer.co.uk)

TRICK OR TREAT? THE SUBLIM'BUST TREATMENT

What is it? A facial for the bust, with the emphasis on enhancing your cleavage and filling out your chest.

How does it work? The therapist starts by cleansing, toning and exfoliating the bust area. This is followed by the application of a peel containing the star ingredient, Maxi-Bust Spheres. The therapist removes the peel with small massage movements. Next, a rich cream is rubbed in to the breast area, followed by an invigorating seaweed mask. This is

left on for 20 minutes; in the meantime you get a relaxing hand massage.

Does it work? Before the therapist sets to work, she measures the distance from each nipple to your collarbone. This is repeated at the end of the treatment. My results indicated a decrease of one inch, suggesting that my breasts had become more pert. But while it's difficult to argue with the figures, no matter how long I stared in the mirror I couldn't actually see any difference.

Strip off or cover up? This treatment is not for the modest – your top half is exposed throughout and attention rarely strays from your breasts.

Who is it for? It's suggested that women over 25 will benefit. But if you're in the older bracket, have had children and your breasts are heading south, you're likely to see the best results. The treatment is also recommended to diminish stretch marks.

Celeb following or Z list? A celeb

would probably pay the extra to go under the knife.

How much does it cost? £50 for an hour-long treatment. A course of six weekly sessions is recommended.

Is it worth it? My skin felt great, but unfortunately I couldn't see any noticeable results.

Taylor Ferguson Hairdressing, 106 Bath Street, Glasgow (0141 332 0397, www.taylorferguson.com) **Felicity Cave**

SCOTLANDonSUNDAY